

### Youth in Action project 4.3 “Empowering Leadership in Youth Work”

This training course aimed at bringing together those who work with youths in **Cyprus, Romania, Czech Republic and Greece** in order to exchange experiences and take their leadership and communication skills to the next level. The activity took a place on 01-11-2012 – 08-11-2012 in Limassol, Cyprus for 6 days and gathered 16 participants and trainers from “Social and Cultural Association of Youth of Limassol "New Power” – Cyprus; “The Association of the graduated managers”– Czech Republic; “Asociatia Profesorilor si Elevilor din Liceul Letea” – Romania; “Technological Educational Institute of Serres” – Greece . The trainers were responsible for providing the course are highly qualified professionals who have wide experience in working with youths. The training program has been designed in a way that the emphasis is put on developing leadership and communication skills, enhancing the ability to build supportive environment and high quality relations with young people. The training contained elements of developmental psychology, social psychology, coaching, and an understanding of the group process. The course provided the opportunity for participants to reflect on their personal qualities and values that are manifested in the youth work and made adjustments in their attitudes and behaviours so they can be even better at youth work. They learned about the key elements of effective leadership.

